



Andre Obradovic

Coaching is a partnership that will help you achieve fulfilling results in your personal and professional life. I understand that every client's needs are different, and draw on my extensive training and real experience to deliver the best results for you.



Coaching Packages

Which Path signature coaching program

10 SESSIONS
OVER 6-8 MONTHS

Focusing on the mental, physical and emotional, this coaching package is designed to help you build a compelling vision of where you want to be.

Package includes:

- + Initial session to determine goals and priorities (1 hour)
- + Clear identification of your goals and actionable steps
- + Weekly coaching sessions (1 hour) for the first month
- + Monthly coaching sessions (1 hour) following the initial month
- + Access to email, text or phone support as needed
- + 6 months access to MindPT (world class positive psychology app)

CERTIFIED BY THE INTERNATIONAL COACHING FEDERATION ACC LEVEL COACH

Emotional intelligence coaching for leadership

CUSTOM

Developed by Daniel Goleman and Richard Boyatzis in conjunction with the HAY Group this program is designed for leaders and aspiring leaders. This package identifies your EQ and leadership style, using Emotional Intelligence and Social Competency Inventory (ESCI) testing and coaching to help you implement real change.

Package includes:

- + Guidance through ESCI survey
- + Formal survey feedback and report
- + ESCI review coaching session
- + Clear identification of your goals and actionable steps
- + Monthly coaching sessions (1 hour) for four months

CERTIFIED BY THE HAY GROUP FOR ESCI FACILITATION & COACHING

Goal setting coaching with dynamic powerful visualisation of the future

6 WEEKS

Designed to help you identify your vision for the future and a strategy to implement your goals, dynamic powerful visualisation is a powerful tool to overcome challenges, create new habits and reach your goals.

Package includes:

- + Initial session to focus on your future vision (1 hour)
- + 6 weekly dynamic powerful visualisation sessions (half hour)
- + Phone support in between sessions
- + Access to email, text or phone support as needed
- + 6 months access to MindPT (world class positive psychology app)

CERTIFIED MASTER COACH MindPT

Work Smarter not Harder – HBDI Whole Brain Thinking Model

CUSTOM

Whole Brain® Thinking helps you leverage the full spectrum of thinking, move outside your comfort zones, adapt to new scenarios and work with those around you to improve your performance and results.

Package includes:

- + Guidance through the Herrmann Brain Dominance Instrument (HBDI) Survey
- + Formal survey feedback and report
- + HBDI review coaching session

CERTIFIED BY THE HBDI AUSTRALIA FOR FACILITATION & COACHING

Health and wellbeing improvement coaching

3 HOURS

After a career in the military and corporate sector, I made significant changes to focus on my health and wellbeing. I understand the stresses of busy professionals, and use my experience to guide you to lasting change.

Package includes:

- + Leverage my experience in areas such as (flexible delivery):
 - Importance of sleep;
 - Understand the importance of proper nutrition;
 - Weight loss for optimum performance;
 - The power of the brain; and
 - Motivation to achieve.
- + 6 months access to MindPT (world class positive psychology app)

Sports performance coaching

2 HOURS

After running 7 Marathons and countless Half Marathons, and consistently placing in the top 15% of my age group I have a deep understanding of what it takes physically and mentally to race and hit your goals.

Package includes:

- + Initial session to identify of your fitness/race goals (1 hour)
- + Leverage my experience in areas such as (flexible delivery):
 - The power of the brain in your winning strategy;
 - How to make your training a part of your life;
 - How to integrate positive nutrition, sleep and habits into your life; and
 - Motivation to achieve

CERTIFIED BY USA TRIATHLON LEVEL 1 COACH

Leadership, Business Advisory and Motivational sessions

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In addition to my coaching packages, I am able to tailor packages for individuals and businesses focused on leadership, success in business and increasing motivation.

Package includes:

- + Leverage my experience
- + Leadership development
- + Public speaking skills
- + Understanding your emotional intelligence
- + How to use a coaching style of leadership
- + Business mentoring and guidance