



**Andre Obradovic**  
Global Health Coach

“As a performance coach, I’m passionate about giving people the tools to increase their physical, emotional and mental wellbeing.”

**Andre Obradovic**

[andreobradovic.com](http://andreobradovic.com)

### Contact Andre:

[andre@andreobradovic.com](mailto:andre@andreobradovic.com)

[Twitter.com/AndreObradovic](https://twitter.com/AndreObradovic)

[Instagram.com/AndreObradovic](https://www.instagram.com/AndreObradovic)

[www.youtube.com/c/AndreObradovicAus](https://www.youtube.com/c/AndreObradovicAus)



## Introduction Bio:



When it comes to optimising overall health and performance, Andre Obradovic is backed with extensive knowledge and experience. Since 2016, he has helped hundreds of people around the world with his no-nonsense, straight talking approach to nutrition, mindset and overall well being.

Andre works with everyday people right through to high-level executives and elite athletes. He has built a strong reputation for transforming the areas of people’s lives that matter most. From reducing stress, drastically improving sleep to shedding stubborn kilos, Andre draws upon his mentors, research and his own success story to give people the results they’ve always wanted. Globally recognised, Andre is a USA Triathlon Level 1 Certified Coach, a Triathlon Australia Development Coach, an ICF Leadership PPC Level Coach, a Certified Low Carb Healthy Fat Coach and a Top 10 Primal Health Coach trained by Mark Sisson’s Primal Health Coaching Institute. In addition, he is a Certified Personal Trainer, Triathlete and Marathoner. He is also an ambassador for the Noakes Foundation.

Andre is available for one-on-one, tailored coaching. If you have tried everything and need someone who will make sure you stay on track, reach out to Andre today. Your Podcasts listeners will learn so much and be inspired to change as a result.

## Interview Topic Suggestions:

- ✓ Why the world is becoming sicker, fatter and stressed (and how to avoid it)
- ✓ Getting lean and living an amazing life: Tips on becoming a fat-burning beast
- ✓ Busting myths on nutrition, exercise and medical advice. Start asking the hard questions!

## Common Interview Questions:

- ✓ Fact or fiction: Does “calories-in vs calories-out” really have an effect on weight loss?
- ✓ Middle-aged, overworked and overweight. Is it too late to make a change?
- ✓ Finding balance - How do you take full control over health, career, finance and relationships?